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## What Is Claimed Is:

- 1. A centerfilled chewing gum composition comprising a shell portion and a centerfill portion, said centerfill portion comprising an effective amount of a calcium-containing compound suspended in the centerfill.
- 2. The chewing gum composition of claim 1 wherein the centerfill further comprises a suspending agent.
- The chewing gum composition of claim 2 wherein the suspending agent is selected from the group consisting of alginate, pectin, gelatin, starch, modified starch, and carboxymethylcellulose.
  - 4. The chewing gum composition of claim 2 wherein the suspending agent has a molecular weight such that a 1% to 2% aqueous solution of the suspending agent imparts a viscosity of from about 500 to 10,000 cps to the centerfill portion.
    - 5. The chewing gum composition of claim 4 wherein the viscosity is from about 2,000 to 6,000 cps.
    - 6. The chewing gum composition of claim 5 wherein the viscosity is from about 2,500 to 5,500 cps.
- 7. The chewing gum composition of claim 1 wherein the calcium-containing compound has an average particle size of less than about 17 microns.

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- 8. The chewing gum composition of claim 7 wherein the calcium-containing compound has an average particle size of from about 0.4 to 17 microns.
- 5 9. The chewing gum composition of claim 8 wherein the calcium-containing composition has an average particle size of from about 2 to 8 microns.
  - 10. The chewing gum composition of claim 7 wherein the calcium-containing compound is calcium carbonate having an average particle size of from about 3 to 5 microns.
  - 11. The chewing gum composition of claim 1 wherein from 45 to 55% of the calcium-containing compound has a particle size of about 0.6-1.0 microns and the remaining 55 to 45% has a particle size of about 14-17 microns.
  - 12. The chewing gum composition of claim 11 wherein the calcium-compound is calcium carbonate, and wherein 50% of the calcium carbonate has a particle size of about 0.8 micron and 50% has a particle size of about 15 microns.
- 20 13. The chewing gum composition of claim 1 wherein the calcium-containing compound is non-water soluble or sparingly water soluble.
  - 14. The chewing gum composition of claim 1 wherein the calcium-containing compound is selected from the group consisting of calcium carbonate, calcium

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citrate, calcium lactate, calcium gluconate, calcium maleate, calcium phosphate and mixtures thereof.

- 15. The chewing gum composition of claim 1 wherein said centerfill portion further comprises at least one ingredient selected from the group consisting of vitamins, minerals, mineral salts and botanicals.
- 16. The chewing gum composition of claim 1 wherein the amount of the calcium-containing compound is sufficient to release an effective amount of calcium into the oral cavity by chewing 3 to 5 pieces of the chewing gum composition per day.
- 17. The chewing gum composition of claim 1 wherein the calcium-containing compound is uniformly dispersed in the centerfill portion.
- 18. A method of delivering an effective amount of calcium to the oral cavity of a human being comprising chewing 3 to 5 pieces of the chewing gum composition of claim 1.